

Art Pinsof:

Two beautiful Robert Saltzman quotes from the end of a recent interview:

“Don’t let someone sell your own wisdom back to you. You have the secret to being you. They have the secret to being them. You don’t want to take someone’s head and put it on top of the one you already have. Find your own mind.”

“The most important thing in this life is finding love. Nothing else even comes close. Love of another person, of an animal, of humanity... If your heart opens up fully and can break, that’s really what we need. That’s what most of us, not all of us, really want... is to have our hearts broken up, broken open... because once that happens you don’t need any more instruction.

Audio: <https://podtail.com/.../depending-on-no-thing-with.../>

Video: <https://www.youtube.com/watch?v=yhzJ8W787uI>